



Clubhouse International

Creating Community: Changing the World of Mental Health

Growth of Clubhouse programs in China – Successes and Challenges

Ashley Liu, Hope Clubhouse

Eva Yau, Clubhouse International





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Start up of Clubhouse in Hong Kong and Mainland China



Phoenix Clubhouse was established in 1998.



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Setting up a Clubhouse International Orientation Site (2005)

To provide a periodic Clubhouse Orientation Program for Chinese speaking communities.





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Review of the growth of Clubhouse programs in Mainland China

Clubhouse Profile Questionnaire

✳️ **Information about Clubhouse characteristics, governance and administration, membership, staffing, unit structure, employment, housing activities, & Clubhouse training**

Clubhouse Accreditation

✳️ **A very stringent four-day process to ensure the continued consistency and quality of the Clubhouse experience for members.**

3-year experience living/working in Mainland China

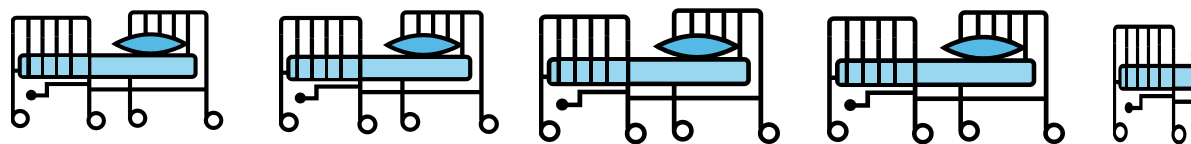
BACKGROUND OF MENTAL HEALTH SERVICE IN CHINA

中国心理健康服务状况

○ 4.3 Million people with serious mental illness
严重精神病患者

○ No of psychiatric beds 精神科病床 / 10,000 people

○ World wide



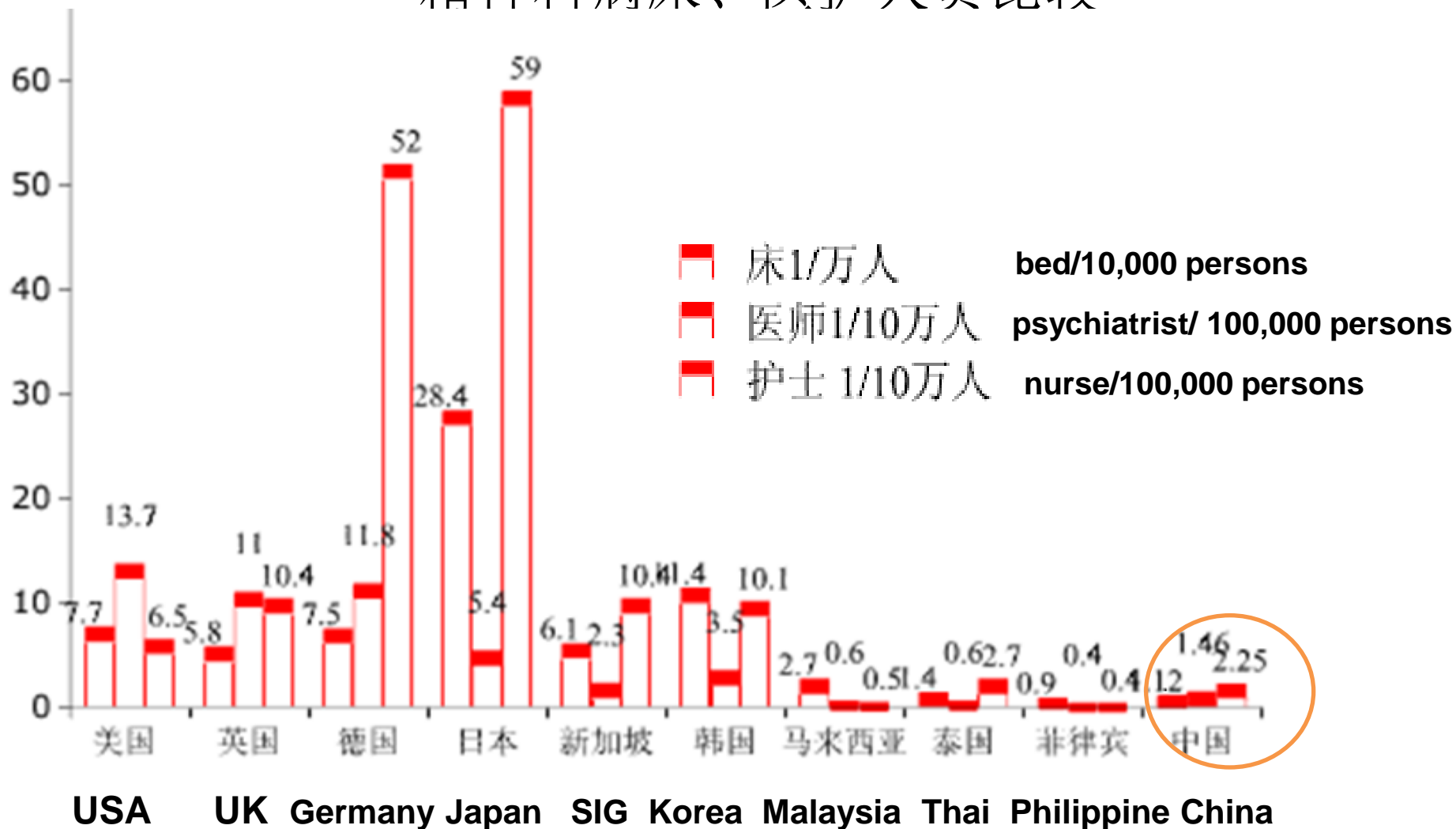
○ China



○ Only 1.7 beds and very minimal community rehabilitation service



The Ratio of beds/psychiatrist/nurse 精神科病床、医护人员比较



Challenge

Funding:

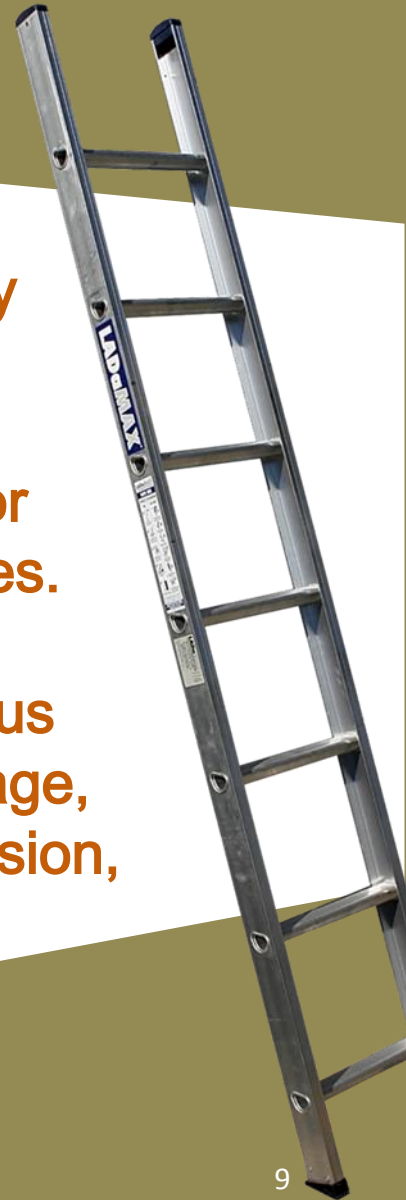
- ✱Funding sources were divergent, including the city hospital, Civil Affair Bureau and the Federation for Disabled People.
- ✱Funding consistently represented a sustainability challenge, especially in the initial stage. Limited resources to attend conference and training overseas
- ✱Lack of coverage by national insurance and consistent government sponsorship.



Challenge

Concept of Recovery and Rehabilitation:

- ✱ PRC is only in an initial stage for the concept of recovery and rehabilitation; very limited knowledge & skills
- ✱ Employment and educational opportunities are limited for people with mental illness significantly due to stigma issues.
- ✱ Development of forums for decision-making by consensus that are highly member inclusive is difficult in the initial stage, as members are used to respect authority and staff's decision, esp. in the Chinese culture.



Challenge

Degree of Family Involvement & Concept of Self-determination:

- ✱ Most family members are protective and very involved with the progress of the members in the Clubhouse.

- ✱ A preliminary study of self-determination of Chinese people with schizophrenia and their families found that native Chinese people with mental illnesses tend to yield decision making on illness or treatment related matters to the family. They do, however, make self-determination on some personal and social matters.

- ✱ Learn how to work with family members who may have a major influence on the recovery of members.



Challenge

Communication with Clubhouse worldwide

- **Language barrier**

- Difficulties to communicate to the international Clubhouse community
- Hinder the understanding of the model and the its development

- **Visa problems**

- Difficulties to attend International Seminar



Successes



Successes



长沙Changsha
杭州Hangzhou
昆明Kunming
深圳Shenzhen
成都Chengdu

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Successes

@Three have been successfully accredited.



Heart Wing Clubhouse, Shanghai
Chao-Ming Clubhouse, Hangzhou
Dandelion Clubhouse, Shenzhen



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Other developing Clubhouses and working groups.



**Hope Clubhouse,
Chengdu**



**New World Clubhouse,
Kunming**



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Zigong Mental Health Center



- Five other developing Clubhouses in Changsha



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Strengths from the review of all Accreditation Reports

Significant compliance to the Standards in the following areas:

✧ Employment

✧ Transitional Employment

(43% of average daily ADA-WOD vs Clubhouse International Standard of at least 20% of the ADA-WOD)

✧ All Clubhouses help members into jobs without time-limits.

✧ Funding, Governance and Administration

✧ Clubhouse Advisory Board: comprised of influential leaders in the community and government, such as, Civil Affair Bureau, Federation for Disabled People.

Similarities and Differences with international Clubhouses

Work-day programs had similar characteristics



Transitional Employment programs: a tendency for most jobs to be health care related, which may limit opportunity for social inclusion.

Varied features which significantly reflected context specific to Chinese culture





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Successes

● General Office of the State Council, PRC has adopted the work of Heart Wing Clubhouse in the “Social Management Innovation Case Book”
《全国社会管理创新案例选编》
P.971-979。



● PRC Mental Health Law
Explanation regards the Clubhouse Model as an innovative example of community psychiatric rehabilitation.
P. 191



Heart Wing Clubhouse in the World Mental Health Day campaign in Beijing this month.



**“Clubhouse model
should be further
promoted in China,”**
commended by Deputy
Director of the National
Health and Family Planning
Commission

- Pilot site for mental health community rehabilitation service
- Heart Wing Clubhouse will host ACC in 2016.



HOPE
CLUBHOUSE
希望之光会所

Ashley's story



Thank you